

On Campus Extras

RA Training • Student Leadership • Staff Development

Learning To Live With Conflict Seminar Series

*“With the splitting of the atom everything has changed save our modes of thinking,
and thus we drift toward unparalleled catastrophe.”*

- Albert Einstein

Part I - Foundations: What everyone needs to know about conflict

Foundations examines our perceptions of conflict in our relationship with self and others, explores the nature of conflict and the characteristics and consequences of common responses to conflict, and presents a paradigm for responding to conflict, which can enable us to utilize conflict productively as an opportunity for learning, growth and personal transformation. The session format combines a lecture-style presentation with role playing, group interaction, and discussion in order to involve participants and to bring the material across in an entertaining and understandable manner. The presentation runs for approximately one hour and is intended to be the first building-block in the development of personal conflict resolution knowledge and skills. This presentation works best with in an informal setting with between 15-75 participants. **RA Training, Staff Development, Classroom Presentations, Community Seminar**

Part II - Bridges: Building & Maintaining Non-Adversarial Relationships

Bridges examines our perceptions of relationships with others and the connection between these perceptions and the manner in which we process conflict and respond to others when conflicts occur. Through lecture-style presentation and group discussion, essential elements of non-adversarial relationships are introduced along with strategies for building and maintaining non-adversarial relationships in a variety of settings. The presentation runs for approximately one hour and is intended to be the second building-block in the development of personal conflict resolution knowledge and skills. This presentation works best with in an informal setting with between 15-75 participants.

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Part III - Unsustainable Software: Addiction, Violence and Conflict

The United States of America has among the highest rates of homicide and suicide of any nation in the developed world. People in the richest and most powerful nation on earth are killing themselves and each other in record numbers. The U.S. also has among the highest rates of addiction, to alcohol, drugs, food, work, sex, gambling, and spending of any nation in the developed world and is, by far, the leading producer and seller of arms in the world, far surpassing the production of the next ten nations combined. Are all of these facts coincidence, or is there perhaps a common thread linking these seemingly unrelated realities together? “Unsustainable Software” provides a fascinating and provocative inquiry into the connections between some age old realities of the human condition. **RA Training, Staff Development, Classroom Presentations,**

Community Seminar

MKT: 2009/03

Nonviolent Sexuality™

“Making Peace With Passion”

One Powerful Program - 7 Dynamic Versions

To meet the needs of all your campus communities!

1. Freshman Seminar/Orientation

All the research shows that freshman in their first semester of school are the most vulnerable and likely students on campus to be affected by sexual violence. This version of the program caters specifically to incoming freshman and the challenges and decisions facing new students on the subjects of sex, conflict, alcohol/other drugs and intimacy.

2. Student Athletes

Nonviolent Sexuality for Student Athletes is a no-nonsense look at sex, conflict, alcohol and intimacy and the challenges that these life issues pose to athletes in translating the skill sets they rely upon in sports to the arena of personal life and relationships.

3. Greek Life - Pledge Education

Joining a greek organization on campus means an instant network of new friends, close relationships, and parties - lots and lots of parties; and while being part of a group has its benefits, when a party culture driven by alcohol consumption takes over, sexual violence is, unfortunately, not far behind. This version of Nonviolent Sexuality™ speaks directly to the loss of self which can lead to the violation of others.

4. RA Training/Public Safety In-Service

As the most likely first responders, Resident Advisors and Public Safety Officers really do need to be familiar with the problem of sexual violence on campus. RA's in particular should be acquainted with potential signs of sexual assault, and equipped with strategies and practical steps for managing the campus rumor mill and serving as an effective bridge into counseling and other support services for students on campus. Public safety attendance at this in-service along with RA's, can dramatically improve the ability of these two groups to work effectively together to support and respond to the variety of sensitive issues which accompany incidents of sexual violence.

5. Parent Program/Local Community

Talking to kids about sex has always been necessary but has never been easy! This version of Nonviolent Sexuality™ is specifically designed to unpack the roots of sexual violence, unplanned pregnancy and sexually transmitted disease and to provide parents with valuable insights and a strategy for broaching the subject with kids. How we approach such conversations can make all the difference!

6. Peer Education/RA Program - Facilitators Workshop

Changing culture on campus means, among other things, finding creative ways to keep the dialogue going on campus long after the programs we expose our students to are over. The Nonviolent Sexuality™ Facilitators Workshop is designed to provide Peer Educators and RA's with a hands on experience and model for facilitating small group discussions on sexual violence.

7. Faculty/Staff Briefing

As potential first responders in the campus community, faculty and professional staff can serve as an effective bridge into counseling and other services that survivors of sexual violence may be in need of. This version of Nonviolent Sexuality™ provides faculty and professional staff with an understanding of the problem of sexual violence on campus, a brief glance at solutions and, most importantly, some practical information on how to recognize and support sexual violence survivors.