

Bob Hall is the founder of Learning To Live With Conflict, Inc., a company he established in 1987 to provide education and training in the analysis and resolution of conflict. His academic background includes a Bachelors Degree in Business Administration from the Rochester Institute of Technology and a Masters Degree in Conflict Resolution from Antioch University; as well as a host of informal study and research on sexual violence, human sexuality, addiction, non-violence, and Girardian theory on mimetic rivalry, sacrificial violence, and scapegoating.

He has lectured on over 800 college campuses throughout the United States and Canada and has been nominated three times for the National Association for Campus Activities "Lecture Program of the Year."

Hall's introduction to the conflict field came in 1981 through work with self-defense education and violence prevention. He holds a black belt in judo and has been active in the sport as a competitor, instructor, coach and organizer for over 30 years. Aware of the risks and limitations of traditional fighting approaches to self-defense, he co-authored and team-taught a 20-hour classroom course in self-defense education at the Rochester Institute of Technology from 1984-1988. The course was designed to train students in preventing, recognizing, and defusing potentially violent conflicts before they had escalated to violence; as well as to prepare students physically and psychologically for the use of violence as a last resort. Course material was based on his background in judo, and research on current self-defense literature, victimology, and the writings of Mohandas K. Gandhi and Dr. Martin Luther King Jr., on non-violence.

About Bob Hall



(800) 243-8596



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In 1986 his focus shifted to work with rape and sexual assault prevention and the broad spectrum of issues surrounding the problem of sexual violence. Over time, his understanding of conflict and violence and his experience in fighting arts and exposure to Gandhi's teachings caused him to embrace non-violence as the defining core principle of his work with conflict and the only practical answer to the problem of violence. This led to the formation of Learning To Live With Conflict, Inc. in the summer of 1987 under the doctrine that 'A peaceful world is not possible without individual people who see peace as a possibility.'

To date, his campus lecture topics have included 'Hands Off! Let's Talk: A Campus Dialogue on Sex, Conflict & Intimacy,' 'Winning Without Fighting & What it Takes to Survive,' based on his work with self-defense education, "The Technology of Peace,' on the emergence of the conflict resolution field, and 'Learning To Live With Conflict,' a seminar series designed to articulate core principles of the conflict field.

Bob has volunteered as a family and community dispute mediator through the New York State Unified Court System since 1988 and was the first man to serve on the Board of Directors for the New York State Coalition Against Sexual Assault in 1997. Born and raised in Buffalo, New York, Bob makes his home in the village of Geneseo, located in the beautiful Finger Lakes Region of Western New York; affectionately known by the locals as 'the center of the universe' with the maps to prove it!